

Getting to Eastbourne DGH

Kings Drive, Eastbourne, East Sussex, BN21 2UD

Travelling by car

Eastbourne DGH is on Kings Drive (A2021) to the north of Eastbourne Town Centre. There are car parks on site that operate a pay-on-exit system - the first 30 minutes is free so if you are just dropping off or picking up then you will not have to pay. Parking is not permitted on the A2021.

The tariff and discounted ticket prices are available on our website - www.esht.nhs.uk - they are also displayed on site.

Concessions are available for patients and their relatives attending cancer/oncology clinics (we follow the national Macmillan guidelines); relatives of patients on the Liverpool Pathway (palliative care).

Blue badge holders

Registered blue badge holders can park free of charge in the designated blue badge parking bays for a maximum of 3 hours if they display a valid blue badge in the vehicle. Blue badge holders who park in the pay-on-exit car parks will have to pay the full parking charge.

Contact the Parking Office for more information - Tel: (01323) 417400 Ext: 4898.

Travelling by bus

Eastbourne DGH has regular bus services every day from all directions. There are bus stops with shelters near the entrance to the Outpatients department and bus stops on Kings Drive. Stagecoach services stop at or very near Eastbourne DGH. For local bus times or if you are travelling from further afield, please contact your local bus company for more information.

Stagecoach - www.stagecoachbus.com - Tel: 08456 00 22 99 - for bus timetables of services in Bexhill, Eastbourne, Hastings and St Leonards.

www.buses.co.uk - Tel: (01273) 886200 - for bus timetables between Brighton and Eastbourne.

Community transport

If you have mobility problems or find it difficult travelling by bus, community transport operators may be able to help you. You can find details of all community transport operators on the East Sussex County Council website - www.eastsussex.gov.uk/communitytransport - **Tel: 0345 60 80 190.**

Travelling by train

The nearest railway station is Hampden Park, approximately 1 mile from the hospital. There is a connecting path from the station to the hospital (you can find directions overleaf) or there are regular bus services.

Eastbourne railway station, about 1.5 miles away, has more frequent services and more regular bus connections. Buses leave from Terminus Road - about 5 minutes walk from the south entrance to the station, about every 10 minutes.

Rail services between Eastbourne, Bexhill and Hastings run approximately three times an hour at peak times Monday to Friday. Services between Eastbourne and Hastings stations take between 20 and 25 minutes.

Rail Services between Rye and Hastings run every hour at peak times Monday to Friday with connections to Eastbourne. Similar services operate for train travel between Tunbridge Wells, Wadhurst and Battle. For train times and more information visit - **Southern Railways** - www.southernrailway.com - Tel: 08451 27 29 20 or **Southeastern** - www.southeasternrailway.co.uk - Tel: 0845 000 2222.

Bicycles on trains

If you are travelling between Eastbourne and Hastings, ordinary bikes are allowed at any time if space is available. For more information about bicycles on trains, please check with the station ticket office or the train companies website.

Walking or cycling

From Hampden Park railway station - approximately 10 minutes walk. Starting from outside the station turn left onto Station Approach and then onto Mallard Close. At the end of Mallard Close follow the path over the stream and then turn left onto the designated cycle path. Follow the path along Broadwater Way until the Broadwater Roundabout. From this point follow the path away from the main road, passing Sussex Downs College, until you approach Rodmill Roundabout. The hospital is to the right.

From Eastbourne railway station - starting from outside the station travel north towards the roundabout at the end of Terminus Road. Take the second exit or straight ahead into Upperton Road. Turn right into The Avenue. Travel along The Avenue and then turn left into Carew Road. Travel along Carew Road and turn left. Follow until you reach Lewes Road which becomes Kings Drive. Travel along Kings Drive until you reach the Rodmill roundabout, Eastbourne DGH is the third exit or can be accessed through the underpass.

Other helpful websites

www.traveline.org.uk - Tel: 0871 200 22 33 - for journey planning by bus and train.
www.nationalrail.co.uk - Tel: 0845 48 49 50 - provides comprehensive train and travel information.
www.maps.google.co.uk - has comprehensive travel information.
www.theaa.com/route-planner - provides comprehensive travel information for drivers.
www.mapmyride.com - for help planning a journey by bicycle.
www.hastingsurbanbikes.org - for information about cycling in Hastings.
www.bespokecyclinggroup - for information about cycling in Eastbourne.

Other useful information

Expenses - patients who are receiving certain state benefits may be entitled to obtain reimbursement of public transport fares. You will need to produce proof of your entitlement i.e. benefit book or letter, and your travel tickets. Your clinic clerk will be able to explain the claims process when you attend clinic.

Ambulance transport - travel by hospital transport can only be authorised by your GP for your first visit if you are assessed as medically unfit to travel by public transport, private car or taxi. For subsequent appointments, the authorisation is based on the trust policy regarding patient transport.

Patient assistance - if you are a carer/escort for a patient and you require a wheelchair please ask at the hospital Information Desk. Unfortunately our receptionists and porters are unable to assist patients getting in or out of cars.