



Information and advice update

Dear Mr Thornett,

Our [Living your way](#) campaign launched on 1 August and runs until the end of September. The campaign promotes our work aimed at people staying well and independent at home or other setting.

So, we've put together some guides to help the older people you support continue to live their life independently for as long as possible.

Whether it's extra money, getting a care assessment, simple home adaptations or advice on how to continue driving safely, we've got a guide that can help.

Best wishes,
Age UK Information Team

This month's top guides:

[More money in your pocket](#)

[Adapting your home](#)

[Care at home](#)

[Home safety checker](#)

[In the driving seat](#)

Accessing our information



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This month's top guides



More money in your pocket

If you're aged 65 or older, have a health problem and need help with your personal care, you may be able to claim Attendance Allowance (AA) and get extra money each week to support you. So it's worth downloading this guide to see whether you qualify for AA or other benefits.

› [Download 'More money in your pocket' \(PDF\)](#)



Adapting your home

This guide has information and ideas about adapting your home to enable you to live safely and independently. It also has information on grants that may be available to pay for adaptations in certain circumstances.

› [Download 'Adapting your home' \(PDF\)](#)



Care at home

Most of us want to live independently in our own homes for as long as possible. As we get older, we may need support and assistance to enable us to do so. This guide looks at the range of help and support available.

› [Download 'Care at home' \(PDF\)](#)



Home safety checker

Tips and advice on staying safe around the home and making each room as safe as possible. It also outlines ways to seek help from improvement agencies, local councils and handyperson schemes.

› [Download 'Home safety checker' \(PDF\)](#)



In the driving seat

This guide provides tips about what you need to know to stay driving safely for longer and the adaptations that can help. It also has information on renewing your licence, declaring health conditions and alternatives to driving.

› [Download 'In the driving seat' \(PDF\)](#)



Factsheets update

There is a new Factsheet Index and Amendment Sheet AM097 which can be found at www.ageuk.org.uk/publications.

The following factsheets have had an annual review this month:

- FS7 [Making a will](#)
- FS13 [Funding repairs, improvements and adaptations](#)
- FS14 [Dealing with an estate](#)
- FS19 [State Pension](#)
- FS67 [Tenants' rights - repair](#)

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