



Supporting Voluntary Action across
Eastbourne, Lewes District and Wealden

e-Newsletter Issue 143

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Welcome to the latest newsletter!

17 February 2014

3VA provides a range of practical support to charities and community groups in Wealden, Eastbourne and the Lewes District - including start-up support, funding advice, help with governance, training and getting involved in local policy and decision making. For more information, visit www.3va.org.uk.

Member of the Week: Eastbourne Bird Aid, Ltd.

Each issue, we want to highlight the work of one of our amazing range of members across Wealden, Eastbourne and the Lewes District. This week it is the turn of: Eastbourne Bird Aid, Ltd.

Eastbourne Bird Aid, Ltd. is a no-kill policy rescue and rehabilitation centre specialising in gulls. Working very closely with local vets, Bird Aid is dedicated to giving birds the best food and facilities available. The organisation encourages volunteers from all sections of the community, but especially young learning disabled adults who benefit from the therapeutic effects of being outdoors and among animals. Seeking to educate people about birds in general – and gulls in particular – Eastbourne Bird Aid, Ltd. aims to increase awareness and appreciation in a bid to help conserve these creatures.

For more information about their work, please visit their website:
www.eastbournebirdaid.co.uk.

East Sussex Volunteer Coordinators Networking Forum: Training Your Volunteers

Delivering compulsory training to your volunteers without sending them to sleep or running off in droves can be difficult! During this forum in Hastings on Tuesday, 25 February we will be grappling with some of these challenges and taking a look at accredited training – what it is, assessing if it's right for your volunteers and learning where to access it locally. For more information and to book, please [go to the Volunteer Centre East Sussex website](#).

WOW Exchange

WISH, OFFER, WIN! The WOW Exchange encourages and enables businesses and community organisations in East Sussex to exchange skills, resources, expertise and facilities. An event on Wednesday, 26 February from 6:30 pm to 8:00 pm at the Hydro Hotel in Eastbourne will celebrate the launch of the WOW Exchange website and there will be an opportunity to network with local businesses and voluntary group leaders. For more information and to book for the event, please [go to the Eventbrite website](#).

Lewes Community Space Meeting

3VA and Lewes Town Partnership are holding a lunchtime event for Lewes-based groups to discuss the current challenges with existing premises. We'd love to know if you are looking to move and what you're after, particularly in light of the opportunity presented by The Maltings, as well as if you have available space to advertise, whether that's office space, hot-desking, event or meeting rooms, parking or storage facilities,. The meeting is open to all local voluntary and community groups and will take place on Friday, 28 February from 12:00 noon to 2:00 pm at Lewes Town Hall Lecture Room in Lewes. Please [book your place online](#) or for more information, please contact 3VA's Head of Development, Katherine Perrin, at katherine.perrin@3va.org.uk or on 07538 787 532.

Sussex & Surrey Care Showcase 2014

[Care Showcase 2014: Driving up the Quality of Social Care](#) will be held on Tuesday, 11 March at Brighton Racecourse in Freshfield Road, Brighton BN2 9XZ. In addition to finding out what you need to do to meet the changing social care agenda, you will learn how to make the most of funding for training, explore strategies to ensure your care services are rated as the best quality, gain practical business advice for the future and find out how to work towards best outcomes for service users. Please [book online](#).

3VA Information and Funding Fair

The next [3VA Information and Funding Fair 'Using Arts in Partnership'](#) on Tuesday, 25 March from 11:00 am to 3:00 pm at the Elim Centre in Eastbourne will be aimed at promoting partnership working between organisations who deliver services/support through arts-based activities (in the widest sense) and groups whose members will benefit. In addition to funders and support series we hope that arts organisations will take the opportunity to showcase their skills. There will be one main seminar. Lunch will be available, but it must be pre-booked and there will be a small charge.

Regional Voices

Regional Voices, which supports the third sector to have an influence on health and wellbeing boards, would like to invite you to [take part in their second survey](#) so it can be ascertained how health and wellbeing boards are developing in the different areas and what needs to be addressed collaboratively.

Health and Wellbeing News

The [East Sussex Health and Wellbeing Board quarterly bulletin](#) for spring has recently been published. If you are involved or interested in improving health and wellbeing in East Sussex, please take a look!

Fairtrade Wine Tasting Evening

To celebrate Fairtrade Fortnight, Fairtrade Eastbourne are organising a wine evening. There will be a variety of Fairtrade wines to try with [Victoria South](#) from Eastbourne Wine Society guiding through the tasting and giving her honest expert opinion. And to make the evening all the more enjoyable Eastbourne band [The Equatorial Group](#) will be playing. [Join Fairtrade Eastbourne](#) to have some lovely wines, meet people and learn about Fairtrade. Limited places are available. Please book tickets (£3) from the venue – Bibendum Bar & Restaurant, Grange Road, Eastbourne.

FUNDING

Starbucks Youth Action

Deadline for applications: 17 March 2014

Funding of up to £2,000 available for young people across the country to deliver a project making a positive difference to people in their community. For more information, please [visit the UK Youth website](#).

Sussex PCC Community Fund

Deadline for applications: 31 March 2014

Sussex Police & Crime Commissioner, Katy Bourne, has established a new fund to support local voluntary and community groups tackle crime and improve community safety. The Fund, worth £200,000, will support local projects that address the priorities outlined in Mrs Bourne's Police and Crime Plan. Awards of up to £5,000 will be granted for projects that meet the funding criteria following consideration by the Office of the Police and Crime Commissioner and approval by the PCC. In exceptional circumstances the Commissioner will consider requests for funding above £5,000. Funding will be granted quarterly. [More information on the scheme and how to apply](#) is available on the PCC's website.

Sussex Community Foundation (SCF) Grants

Deadline for applications: 11 April 2014

There are a number of [different grant programmes](#) and details of these, together with a brief summary of the criteria, are available on the [SCF website](#).

Commissioning Grants Prospectus

Deadline for applications: 25 April 2014

The 2014 East Sussex Commissioning Grants Prospectus, which offers funding for services covering advocacy, carers, children's centres, drug & alcohol recovery, health improvement, learning disability and autism, mental health, older people, physical disability, sensory impairment, HIV prevention and support for people with HIV launched today. More details can be found at the [Commissioning Grants Prospectus](#) page.

TRAINING

Digital Skills Course

Sussex Downs College is running a Digital Skills course for volunteers and employees of small businesses at Lewes. The course runs for 13 weeks and covers how to manipulate digital photos so that you can improve the customer facing image of your organisation in print and on the internet. If you volunteer for 8 hours a week or more this is for you! The [Skills Support for the Workforce](#) website has lots of information and to find out more or to book please contact penny.shearer@sussexdowns.ac.uk or call 030 300 39265.

Warmer Homes Campaign and Training

Newhaven Community Development Association (NCDA) is delivering the Warmer Homes Campaign and training throughout East Sussex until March. If you are interested in listening to a 15 minute briefing on the campaign at your

organisation or would like to attend a two hour training session at 3VA's Eastbourne office, please contact Mediha Kaya, Energy Champions Development Worker, on 01273 517375 or at [warmerhomes@ncda.org.uk](mailto:warmehomes@ncda.org.uk). Two hour training sessions will be held on 24 February from 11:00 am to 1:00 pm; 12 March from 10:30 am to 12:30 pm; and 24 March from 12:00 pm to 2:00 pm.

Children Protection Level 1: Introduction to Child Protection

18 March 2014, Eastbourne

This is a free introductory course on Child Protection, open to anyone working with children or young people in the voluntary and community sector. For more information and to book, please [visit the 3VA website](#).

Volunteer Centre Master Class: Writing Your Volunteer Policy

20 March 2014, Hastings

There comes a time when almost every volunteer manager is asked to write their organisation's volunteer policy. You feel nervous trepidation...what...how?...why?! Fear not! This master class will take you on a journey that demystifies the whole process and shows you how to produce a volunteer policy that is both easy to read and easy to understand. For more information and to book, please [visit the 3VA website](#).

Introduction to Management

27 March 2014, Eastbourne

This one-day workshop explores the essential elements of being an effective manager/leader. It provides an opportunity to consider the leadership responsibilities and skills associated with the role, introduces the continuum of leadership styles and explores the skills necessary to work within and lead a team. For more information and to book, please [visit the 3VA website](#).

Children Protection Level 1: Introduction to Child Protection

18 June 2014, Lewes

This is a free introductory course on Child Protection, open to anyone working with children or young people in the voluntary and community sector. For more information and to book, please [visit the 3VA website](#).

VACANCIES

Carers Awareness & Liaison Coordinator - Care for the Carers

Deadline for applications: 24 February 2014

Care for the Carers are looking to recruit a Carers Awareness & Liaison Coordinator to work at the Eastbourne District General Hospital to improve the experience of unpaid carers and the outcomes for carers when those they care for are in hospital. You will need knowledge of caring and of the difficulties carers face, and experience of NHS systems and procedures in a hospital setting. Excellent organisational and communication skills and being able to

work on your own initiative are essential for this role. For more information, please [visit the 3VA website](#).

3VA offer very competitive rates for helping you to advertise job vacancies and raise awareness of projects, events and other work. For more information, please [visit our website](#).

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