



Supporting Voluntary Action across
Eastbourne, Lewes District and Wealden

e-Newsletter Issue 125

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Welcome to the latest newsletter!

5 September 2013

Welcome to our new-look e-newsletter, packed with all the usual information to keep you up to speed on local news, events and consultations. Many thanks to our colleagues at [East Sussex Association for Blind and Partially Sighted People](#), who helped check the design through to ensure it was accessible for those with visual impairments.

The new newsletter is a result of changing the database we use for all our records and while we won't go into the technical details - these changes aren't without hiccups so if you suddenly start or stop receiving this publication, please let us know and we'll put it right as soon as we can: info@3va.org.uk

Member of the Week: Sustrans

Each issue, we want to highlight the work of one of our amazing range of members across Wealden, Eastbourne and the Lewes District.

This week is the turn of one of our newest members: [Sustrans](#). Sustrans work to make smarter travel choices possible, desirable and inevitable. Their vision is a world in which people choose to travel in ways that benefit their health and our environment. They want to influence practice and shape policy so everyone can travel by foot, bike or public transport for more of the journeys made every day, transforming the UK's transport system and culture.

Not a member of 3VA?? Find out how to apply [here](#) - its simple, free and means your group gets access to exclusive discounts, voting rights, included in our online directory of members and counted for our on-going research into the scope, diversity and value of the sector.

Vacancy: 3VA Marketing Officer

We are looking for an experienced and dynamic person for this varied and rewarding post. The post requires excellent copy-writing and design skills, an understanding of the needs of the sector and strong project management skills in order to deliver the key responsibilities. This diverse role covers all publicity and publications with a strong focus on digital media and offers the right candidate extensive opportunity to develop the ways in which we communicate. You will have an eye for a story, excellent attention to detail and the ability to promote our work in an engaging and informative way. For an application pack and further details [please click here](#). The deadline for applications is 6 September 2013.

Vacancy: Finance Manager

Berry Pomeroy, a Residential Care Home in Compton Street, Eastbourne are seeking a Finance Manager, responsible to the Trustees. This successful, highly regarded and caring Residential Home is seeking to employ an experienced Finance Manager required as a result of a retirement. Permanent position and salary by negotiation. Application in writing to the Trustees at Berry Pomeroy

Residential Care Home 26-28 Compton Street Eastbourne BN21 4EN. Please [click here](#) for the application form.

Vacancy: Safe from Harm Worker

NCDA are seeking a Safe from Harm Worker to work on a One to One casework basis, offering support and practical information regarding assistance to clients who are at significant risk of harm from anti social behaviour, hate crime or targeted harassment. Please [click here](#) for more information. The deadline for applications is Monday 16 September 2013.

Interested in Providing Health Improvement Services?

The public health department is currently commissioning/re-commissioning services to support people to lead healthy lifestyles. Opportunities to provide smoking cessation, weight management, health trainer and alcohol identification and brief advice training and support services are now being advertised on the [South East Business Portal](#). The deadline for return of tenders is October 2013.

Active Travel Challenge

The Active Travel Challenge is a fun and free workplace based challenge to encourage people to get on their bike, to dig out their walking shoes and find an active way to get from A to B! The aim of the Challenge is to log as many active travel journeys as possible during the 4-week challenge period and to get as many of your colleagues as possible to take part. Register your organisation to [take part here](#).

Eastbourne Youth Fair

Are you running activities in Eastbourne for young people aged 11 to 19? You are invited to be a part of the Eastbourne Youth Fair on Tuesday 29th October 2013 11am-4pm at The Winter Gardens, Devonshire Park. The idea of the event is to showcase many of the fantastic activities open to young people aged 11-19 in the town and there will be the opportunity for performances from groups, interactive stalls with displays & activities for young people to try, and information about different activities and services for young people. Please [click here](#) for more information.

Working with BMEs

3VA are working in partnership with Diversity Resource International, Newhaven Community Development Association and Friends, Families and Travellers to gather information on how voluntary and community organisations engage with BME communities in East Sussex.

We would welcome organisations of any size to take a few minutes to complete the survey - [please click here](#) (before Friday 13 September).

We will share the results with all participants in the autumn of 2013. For more information regarding the survey please contact Jeanette Brown at NCDA on 01273 519104 or email sompriiti@ncda.org.uk.

Eastbourne Community Grants

Eastbourne Borough Council's Community Grants programme 2014/2015 is now open for applications. One year grants of up to £10,000 will be available to groups delivering services in Eastbourne. The deadline is 4th November 2013. For more information [click here](#). Workshops for organisations intending to apply will be held at the Council Offices at 1 Grove Road, Eastbourne on Tuesday 24 and Wednesday 25 September. Space is limited so it is essential to book a place. Please email funding@eastbourne.gov.uk. Support is also available from 3VA.

Wealden Community Grants

Wealden District Council's Community Grants programme 2014/2015 is now open for applications. The Small Grant Scheme is for grants between £500 - £3000 and the Capital Scheme is for grants between £1000 - £10,000. The deadline is 30th November 2013. For more information [click here](#). There are a number of pre-application advice sessions which can be booked. Please email communitygrants@wealden.gov.uk. Support is also available from 3VA.

East Sussex Youth Bank

The Youth Bank East Sussex Life More Ordinary Grant Scheme is open for grants between £300 and £4,500 for project that encourages organisations to include young disabled people in their activities alongside their non-disabled peers. Closing Date: 14 October 2013. For more information email tracey.johnson@eastsussex.gov.uk.

Showcase Your Services

3VA's *Celebrating the Sector* Conference and AGM will highlight the amazing work our members do as well as what support is available. If you would like to book a free exhibitor stand as part of the funding and information fair of the conference, please complete the [Exhibitor Booking Form found here](#).

These stands are available to any organisation that provides services/support to the voluntary and community sector, such as funding, legal support, financial, insurance, training etc. Stands are also available to our members who want to showcase their services - we'd love to see you there.

Please note, these will be booked on a first come, first served basis - so please book early.

Website Funding

Nominet Trust has opened up a grant scheme which will help charities revamp their websites and raise more money online. If successful, Nominet Trust will provide between £14,400-72,000 funding per charity dependent on the size of the charity to revamp websites or create microsites. Applications are accepted for funding on a rolling basis and will be accepted no later than 5.30pm on the 23rd September 2013. Please [click here](#) for more information.

3VA and Volunteer Centre Training

[Lone Working Training](#): Sept 24th, 2013, Eastbourne.

An essential for managers, supervisors, team leaders or HR staff with responsibility for other staff/volunteers who work without close supervision.

[Strictly Confidential: Data Protection Training](#)

November 12th, 2013, Eastbourne

This course looks at the basic principles of the Data Protection Act, and the rights and responsibilities it imposes - an essential for all with data.

[Eastbourne Community Grants Workshop, Sept 24th, 2013, Eastbourne](#)
[Eastbourne Community Grants Workshop, Sept 25th, 2013, Eastbourne](#)

Both workshops give an overview of the grants scheme, what's eligible and how to apply.

Volunteer Centre Masterclasses are bite sized courses that can be attended as a series or as a stand alone course. All of the masterclasses are delivered by experienced advisers working within the Volunteer Centre and only £35 for 3VA/HVA/RVA members:

[Volunteer Centre Masterclass: An Introduction to Volunteer Management](#)

October 16th, 2013, Eastbourne

When you are new to managing volunteers it can at first, all seem a bit daunting! This course for beginners will gently guide you through the main stages of setting up a volunteer programme from recruitment to exit interviews.

[Volunteer Centre Masterclass: Supporting Volunteers](#)

October 23rd, 2013, Eastbourne

Without effective support most organisations find that their volunteers eventually start voting with their feet and starting heading for the exit. This course will help to teach you how to keep your volunteers well supported.

3VA Masterclasses are bite sized courses that can be attended as a series or as a stand alone course. All of the 3VA masterclasses are delivered by experienced advisors and are only £20 for 3VA members:

[3VA Masterclass: Setting Up a Charity](#)

November 5th, 2013, Uckfield

You have an idea for a charity but are wondering where to start or which type of not for profit organisation will be right for you? This short course will take you through the range of organisational structures, the pros and cons of each and how to go about setting up an organisation.

[3VA Masterclass: Business Planning](#)

November 12th, 2013, Uckfield

Business plan? Who needs a business plan? An often overlooked but fundamental document for all charities and community groups, a business plan not only helps you assess your environment, setting out your priorities and allocating resources – it also helps “sell” your organisation to potential funders, a crucial part of any fundraising activity.

[3VA Masterclass: Getting the Budget Right](#)

November 19th, 2013, Uckfield

Budget? Who needs a budget? Well, every group - no matter how small! Having a budget can help you plan your income and expenditure more effectively, see where the money really goes, make better decisions throughout the year and keep your finances on track.

[3VA Masterclass: Developing a Fundraising Plan](#)

November 26th, 2013, Uckfield

Fundraising – you just keep applying, right? The key to achieving the funding you need is all in the planning – a simple strategy helps any organisation, no matter how small, set out their fundamentals of targets, tactics and timescales. This practical session will give you the information as well as the confidence, to develop a plan for your organisation.

[3VA Masterclass: Writing Successful Funding Bids](#)

December 10th, 2013, Uckfield

This interactive and highly practical session will take you through the process of completing a funding application with advice on how to explain your project, understanding what funders are looking for by identifying key words, outlining budgets and much more. By working through the key components of a funding application, you'll be able to articulate with ease why your organisation deserves the funding with all the relevant evidence to back it up.

For details on all our training and events, please [click here](#).