



Information and advice update

Dear Mr Thornett,

This month we showcase guides that feature in our [Living your way](#) campaign and provide information and advice on the different housing options available from [Care homes](#), [Care home checklist](#) and [Housing options](#).

We also feature a new guide [Protecting yourself](#) that provides information and support on how to guard against financial and other types of abuse.

This guide looks at protecting your money, safe ways for someone to help manage their money, banking and shopping when you're out and about and at home, what to do if you're experiencing abuse, reporting abuse and useful organisations to contact.

Best wishes,
Age UK Information Team

This month's top guides:

[Care homes](#)

[Care home checklist](#)

[Housing options](#)

[Protecting yourself - NEW](#)

Accessing our information



Call **0800 169 65 65** to order our free information guides.



[Download](#) our publications.

This month's top guides



Care homes

Finding a care home can be a confusing and stressful experience. This guide can help you decide whether moving into a care home is right for you or a loved one.

› [Download 'Care homes' \(PDF\)](#)



Care home checklist

Choosing a care home is an important decision. Finding out as much as you can about a home beforehand will help you make an informed choice. Download this guide to see the range of questions you might want to ask. There is also space on each page for you to make those essential notes.

› [Download 'Care home checklist' \(PDF\)](#)



Housing options

This guide looks at the different types of housing options available, including moving in with family, into sheltered housing a care home or other types of suitable housing.

› [Download 'Housing options' \(PDF\)](#)



Protecting yourself - NEW

Abuse can take many forms. It can be financial, emotional, physical or sexual, and it doesn't always involve a stranger. Abuse stories in the media are often about people having their savings stolen, but any type of abuse is unacceptable. Download this guide to find out more.

› [Download 'Protecting yourself' \(PDF\)](#)



Factsheets update

There is a new Factsheet Index and Amendment Sheet AM098 which can be found at www.ageuk.org.uk/publications.

The following factsheets have had an annual review in August:

- FS2 [Buying retirement housing](#)
- FS35 [Tenants' rights - rent](#)
- FS59 [How to resolve problems and make a complaint about social care](#)
- FS60 [Choice of accommodation - care homes](#)
- FS78 [Safeguarding older people from abuse](#)

The following factsheets have had amendments in August:

- FS20 [NHS continuing healthcare and NHS funded nursing care](#)
- FS34 [Attendance Allowance](#)
- FS44 [NHS services](#)
- FS67 [Tenants' rights - repair](#)

